

# Tide - Louisiana - Cocodrie, Terrebonne Bay, Louisiana

Jan - 2026

| DOM | DOW | High Tide Time | High Tide Value | Low Tide Time | Low Tide Value | High Tide Time | High Tide Value | Low Tide Time | Low Tide Value | High Tide Time | High Tide Value | Tide Range | Sunrise | Sunset  | Moon Phase | Moonrise | Moonset  | Fishing Forecast |
|-----|-----|----------------|-----------------|---------------|----------------|----------------|-----------------|---------------|----------------|----------------|-----------------|------------|---------|---------|------------|----------|----------|------------------|
| 1   | Thu |                |                 | 7:45 am       | -0.85          | 9:02 pm        | 1.17            |               |                |                |                 | 2.02       | 6:56 am | 5:15 pm | WG         | 3:23 pm  | 5:11 am  | 5                |
| 2   | Fri |                |                 | 8:43 am       | -0.90          | 10:03 pm       | 1.19            |               |                |                |                 | 2.09       | 6:57 am | 5:16 pm | FM         | 4:30 pm  | 6:20 am  | 5                |
| 3   | Sat |                |                 | 9:41 am       | -0.88          | 11:00 pm       | 1.14            |               |                |                |                 | 2.02       | 6:57 am | 5:17 pm | FM         | 5:42 pm  | 7:22 am  | 5                |
| 4   | Sun |                |                 | 10:35 am      | -0.79          | 11:52 pm       | 1.02            |               |                |                |                 | 1.81       | 6:57 am | 5:18 pm | FM         | 6:53 pm  | 8:13 am  | 6                |
| 5   | Mon |                |                 | 11:21 am      | -0.65          |                |                 |               |                |                |                 | 0.65       | 6:57 am | 5:18 pm | WG         | 8:01 pm  | 8:56 am  | 7                |
| 6   | Tue | 12:38 am       | 0.84            | 11:57 am      | -0.46          |                |                 |               |                |                |                 | 1.3        | 6:57 am | 5:19 pm | WG         | 9:04 pm  | 9:32 am  | 8                |
| 7   | Wed | 1:15 am        | 0.62            | 12:11 pm      | -0.25          |                |                 |               |                |                |                 | 0.87       | 6:57 am | 5:20 pm | WG         | 10:04 pm | 10:04 am | 7                |
| 8   | Thu | 1:30 am        | 0.38            | 11:37 am      | -0.06          | 9:02 pm        | 0.19            |               |                |                |                 | 0.25       | 6:57 am | 5:21 pm | WG         | 11:00 pm | 10:33 am | 2                |
| 9   | Fri |                |                 | 8:59 am       | 0.04           | 5:58 pm        | 0.29            |               |                |                |                 | 0.25       | 6:58 am | 5:21 pm | LQ         | 11:55 pm | 11:00 am | 2                |
| 10  | Sat |                |                 | 5:17 am       | -0.10          | 5:33 pm        | 0.45            |               |                |                |                 | 0.55       | 6:58 am | 5:22 pm | LQ         |          | 11:28 am | 3                |
| 11  | Sun |                |                 | 5:15 am       | -0.28          | 5:49 pm        | 0.58            |               |                |                |                 | 0.86       | 6:58 am | 5:23 pm | LQ         | 12:50 am | 11:58 am | 5                |
| 12  | Mon |                |                 | 5:43 am       | -0.42          | 6:22 pm        | 0.68            |               |                |                |                 | 1.1        | 6:57 am | 5:24 pm | LQ         | 1:46 am  | 12:30 pm | 7                |
| 13  | Tue |                |                 | 6:19 am       | -0.52          | 7:05 pm        | 0.75            |               |                |                |                 | 1.27       | 6:57 am | 5:25 pm | WC         | 2:42 am  | 1:07 pm  | 9                |
| 14  | Wed |                |                 | 7:00 am       | -0.59          | 7:53 pm        | 0.80            |               |                |                |                 | 1.39       | 6:57 am | 5:25 pm | WC         | 3:39 am  | 1:48 pm  | 8                |
| 15  | Thu |                |                 | 7:43 am       | -0.63          | 8:43 pm        | 0.84            |               |                |                |                 | 1.47       | 6:57 am | 5:26 pm | WC         | 4:35 am  | 2:36 pm  | 7                |
| 16  | Fri |                |                 | 8:25 am       | -0.66          | 9:30 pm        | 0.87            |               |                |                |                 | 1.53       | 6:57 am | 5:27 pm | WC         | 5:28 am  | 3:29 pm  | 8                |
| 17  | Sat |                |                 | 9:04 am       | -0.67          | 10:13 pm       | 0.87            |               |                |                |                 | 1.54       | 6:57 am | 5:28 pm | NM         | 6:18 am  | 4:27 pm  | 8                |
| 18  | Sun |                |                 | 9:39 am       | -0.65          | 10:52 pm       | 0.85            |               |                |                |                 | 1.5        | 6:57 am | 5:29 pm | NM         | 7:02 am  | 5:27 pm  | 8                |
| 19  | Mon |                |                 | 10:09 am      | -0.61          | 11:29 pm       | 0.78            |               |                |                |                 | 1.39       | 6:56 am | 5:30 pm | NM         | 7:41 am  | 6:28 pm  | 9                |
| 20  | Tue |                |                 | 10:33 am      | -0.52          |                |                 |               |                |                |                 | 0.52       | 6:56 am | 5:30 pm | NM         | 8:16 am  | 7:28 pm  | 6                |
| 21  | Wed | 12:05 am       | 0.67            | 10:50 am      | -0.39          |                |                 |               |                |                |                 | 1.06       | 6:56 am | 5:31 pm | WC         | 8:48 am  | 8:27 pm  | 9                |
| 22  | Thu | 12:44 am       | 0.50            | 10:50 am      | -0.22          |                |                 |               |                |                |                 | 0.72       | 6:56 am | 5:32 pm | WC         | 9:18 am  | 9:27 pm  | 6                |
| 23  | Fri | 1:28 am        | 0.28            | 10:09 am      | -0.05          | 5:04 pm        | 0.14            |               |                |                |                 | 0.19       | 6:55 am | 5:33 pm | WC         | 9:47 am  | 10:27 pm | 3                |
| 24  | Sat |                |                 | 12:37 am      | 0.04           | 3:03 am        | 0.04            | 6:59 am       | 0.03           | 4:06 pm        | 0.32            | 0.29       | 6:55 am | 5:34 pm | WC         | 10:18 am | 11:30 pm | 3                |
| 25  | Sun |                |                 | 2:57 am       | -0.21          | 4:16 pm        | 0.53            |               |                |                |                 | 0.74       | 6:55 am | 5:35 pm | FQ         | 10:51 am |          | 4                |
| 26  | Mon |                |                 | 3:54 am       | -0.44          | 4:55 pm        | 0.71            |               |                |                |                 | 1.15       | 6:54 am | 5:36 pm | FQ         | 11:30 am | 12:35 am | 7                |
| 27  | Tue |                |                 | 4:51 am       | -0.63          | 5:51 pm        | 0.86            |               |                |                |                 | 1.49       | 6:54 am | 5:36 pm | FQ         | 12:15 pm | 1:43 am  | 6                |
| 28  | Wed |                |                 | 5:51 am       | -0.78          | 6:56 pm        | 0.96            |               |                |                |                 | 1.74       | 6:53 am | 5:37 pm | WG         | 1:08 pm  | 2:54 am  | 6                |
| 29  | Thu |                |                 | 6:50 am       | -0.86          | 8:05 pm        | 1.02            |               |                |                |                 | 1.88       | 6:53 am | 5:38 pm | WG         | 2:10 pm  | 4:02 am  | 5                |
| 30  | Fri |                |                 | 7:49 am       | -0.88          | 9:11 pm        | 1.02            |               |                |                |                 | 1.9        | 6:52 am | 5:39 pm | WG         | 3:18 pm  | 5:06 am  | 6                |
| 31  | Sat |                |                 | 8:44 am       | -0.83          | 10:13 pm       | 0.97            |               |                |                |                 | 1.8        | 6:52 am | 5:40 pm | FM         | 4:29 pm  | 6:00 am  | 7                |

Average Tide range for the month is 1.2 feet.

| Fishing Forecast | Explanation                          |
|------------------|--------------------------------------|
| 0 - 2            | Do honey doos or go Hunting!         |
| 3 - 4            | Ready the gear or go Hunting!        |
| 5 - 7            | Go fishing!                          |
| 8 - 10           | Call in sick to work and go fishing! |